



Lap Lane Availability

March 9, 2013 - June 2, 2013

UPDATED
3/7/13

COMPETITION POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 Lanes Available 5:30 - 6:30 AM	2 Lanes Available 5:30 - 6:30 AM	2 Lanes Available 5:30 - 6:30 AM	2 Lanes Available 5:30 - 6:30 AM	2 Lanes Available 5:30 - 6:30 AM	7 Lanes Available 7:00 - 7:55 AM	6 Lanes Available 7:00AM - 2:00PM
6 Lanes Available 6:30 - 9:10 AM	7 Lanes Available 6:30 - 7:10 AM	6 Lanes Available 6:30 - 9:10 AM	7 Lanes Available 6:30 - 7:10 AM	6 Lanes Available 6:30 - 9:10 AM	5 Lanes Available 7:55 - 9:30 AM	
4 Lanes Available 9:10 - 10:20 AM	5 Lanes Available 7:10 - 8:20AM	4 Lanes Available 9:10 - 10:20 AM	5 Lanes Available 7:10 - 8:20AM	4 Lanes Available 9:10 - 10:20 AM	2 Lanes Available 9:30 - 10:30 AM	
6 Lanes Available 10:20 AM - 3:00 PM	6 Lanes Available 8:20 - 9:10AM	6 Lanes Available 10:20 AM - 3:00 PM	6 Lanes Available 8:20 - 9:10AM	6 Lanes Available 10:20 AM - 3:00 PM	5 Lanes Available 10:30 AM - 12:15 PM	5 Lanes Available 2:00 - 4:00 PM
	4 Lanes Available 9:10 - 10:15AM		4 Lanes Available 9:10 - 10:15AM			4 Lanes Available 4:00 - 5:45 PM
	6 Lanes Available 10:20AM - 3:00PM		6 Lanes Available 10:20AM - 3:00PM			
POOL CLOSED 3:00 - 5:30 PM * Clayton High School Athletics					6 Lanes Available 12:15 - 6:45 PM	
5 Lanes Available 5:30 - 7:15 PM	7 Lanes Available 5:30 - 6:30 PM	5 Lanes Available 5:30 - 7:15 PM	7 Lanes Available 5:30 - 6:30 PM	6 Lanes Available 5:30 - 8:45 PM	For questions regarding this schedule please contact the Aquatic Office at (314) 290-8520 LANE AVAILABILITY IS SUBJECT TO CHANGE	
2 Lanes Available 7:15 - 8:15 PM	2 Lanes Available 6:30 - 8:15 PM	2 Lanes Available 7:15 - 8:15 PM	2 Lanes Available 6:30 - 8:15 PM			
4 Lanes Available 8:15 - 9:45 PM	6 Lanes Available 8:15 - 9:45 PM	4 Lanes Available 8:15 - 9:45 PM	6 Lanes Available 8:15 - 9:45 PM			

LEISURE POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 Lanes Available 5:30 - 10:25 AM	2 Lanes Available 5:30 - 10:25 AM	2 Lanes Available 5:30 - 10:25 AM	2 Lanes Available 5:30 - 10:25 AM	2 Lanes Available 5:30 - 10:25 AM	2 Lanes Available 7:00 - 11:30 AM	2 Lanes Available 7:00 AM - 5:45 PM
0 Lanes Available 10:25 - 11:30 AM	0 Lanes Available 10:25 - 11:30 AM	0 Lanes Available 10:25 - 11:30 AM	0 Lanes Available 10:25 - 11:30 AM	0 Lanes Available 10:25 - 11:30 AM	1 Lane Available 11:30AM - 1:00PM	
2 Lanes Available 11:30AM - 6:15PM	2 Lanes Available 11:30AM - 9:45PM	2 Lanes Available 11:30AM - 6:15PM	2 Lanes Available 11:30AM - 9:45PM	2 Lanes Available 11:30AM - 8:45PM	2 Lanes Available 1:00 PM - 6:45 AM	
1 Lane Available 6:15 - 7:15 PM		1 Lane Available 6:15 - 7:15 PM				
2 Lanes Available 7:15 - 9:45 PM		2 Lanes Available 7:15 - 9:45 PM				

* Competition Pool Changes in Schedule

Thu 3/14	Water Polo Match	3:30-5:45pm	Wed 3/20	6 Lanes Open	3:00-5:30pm
Mon 4/01	Founder's Cup Pool Closed	4:00-9:00pm	Fri 4/05	Founder's Cup Pool Closed	4:00-9:00pm
Mon 4/08	Water Polo Match	3:30-5:45pm	Thu 4/11	6 Lanes Open	3:00-5:30pm
Mon 4/15	Water Polo Match	3:30-5:45pm	Wed 4/17	6 Lanes Open	3:00-5:30pm
Mon 4/22	Water Polo Match	3:30-5:45pm	Wed 4/24	6 Lanes Open	3:00-5:30pm
Mon 4/29	6 Lanes Open	3:00-5:30pm	Tue 4/30	Water Polo Match	3:30-5:45pm
Water Polo end of season will be posted at the pool once the date is determined.					
Subject to change based on Clayton High School Athletics Schedule.					

Lap Swimming Etiquette

- ◆ Choose a lane based on your swimming ability Slow/Medium/Fast.
- ◆ Notify all swimmers in a lane of your presence before entering the water.
- ◆ Circle swim in order to allow multiple swimmers to use the same lane.
- ◆ Up to six swimmers may use the same lane at one time.
- ◆ If you need to rest in between laps, please do so at the corner of the lane.
- ◆ Water jogging in lanes is only permitted when there are not multiple swimmers present.
- ◆ Please follow the lifeguards direction. We may need to move lanes to accommodate the schedule.

THANK YOU



Recreational Swimming

February 23, 2013 - June 2, 2013

UPDATED
2/15/13

LEISURE POOL	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Water Walking 6:00 - 9:00 AM	Water Walking 6:00 - 9:00 AM	Water Walking 6:00 - 9:00 AM	Water Walking 6:00 - 9:00 AM	Water Walking 6:00 - 9:00 AM	Recreational Swimming 11:00AM - 6:45PM	Recreational Swimming 11:00AM - 5:45PM
	Splash & Play 10:00 AM - 12:00 PM						
	* Water Walking 12:00 - 3:00 PM	* Water Walking 12:00 - 3:00 PM	* Water Walking 12:00 - 3:00 PM	* Water Walking 12:00 - 3:00 PM	* Water Walking 12:00 - 3:00 PM		
		Recreational Swimming 4:30 - 8:30 PM	Recreational Swimming 7:00 - 8:30 PM	Recreational Swimming 4:30 - 8:30 PM	Recreational Swimming 4:30 - 8:45 PM		

Pool Rules

1. CHILDREN 8 AND UNDER MUST BE ACCOMPANIED BY A RESPONSIBLE GUARDIAN AT LEAST 15 YEARS OF AGE. NON-SWIMMERS MUST BE WITHIN ARMS REACH OF THEIR GUARDIAN AT ALL TIMES.
2. DIVING IS ALLOWED ONLY IN DESIGNATED AREAS. DIVING IN SHALLOW WATER IS NOT PERMITTED.
3. PROLONGED AND/OR REPEATED BREATH HOLDING ACTIVITIES ARE STRICTLY PROHIBITED.
4. ALL SWIMMERS ARE SUBJECT TO AN ASSESMENT OF THEIR SWIMMING SKILLS. NON-SWIMMERS AND WEAK SWIMMERS ARE RESTRICTED FROM AREAS DEEPER THAN SHOULDER DEPTH.
5. INFLATABLE DEVICES ARE SUBJECT TO LIFEGUARD DISCRETION.
6. BATHING SUITS, MODEST AND IN GOOD REPAIR, ARE REQUIRED.
7. RUNNING, HORSEPLAY, DUNKING, PUSHING OR PROFANITY IS STRICTLY PROHIBITED.
8. GUM, TOBACCO PRODUCTS, ALCOHOL AND GLASS CONTAINERS ARE NOT ALLOWED.
9. FOOD AND BEVERAGE ARE RESTRICTED TO DESIGNATED AREAS.
10. YOUNG SWIMMERS WHO ARE NOT TOILET TRAINED MUST WEAR APPROPRIATE DISPOSABLE SWIM DIAPERS.

Recreational Swimming

The Leisure Pool is open for recreational swimming during the times listed above. Features include water pouring animals, a lazy river, vortex, and two slides, all of which operate during these designated recreational swim hours. Parents, please accompany your non-swimmers into the water.

Water Walking

Water walking is available during designated hours in the Lazy River area of the Leisure Pool. Water walking through the river must be continuous in either direction. For better traction during the workout, water walkers are advised to wear non-skid shoes in the pool.

* Please note that afternoon water walking is subject to change for holiday hours.

Open Dive Time

At least one of our diving boards in the Competition Pool is designated for recreational use during the below listed open dive times. Swimmers are subject to a swim test before entry into deep water.

Open Dive Saturday & Sunday 2:00 - 5:00 PM

Holiday Rec Swim Hours

Fri 3/15	School Holiday	12:00pm-8:45pm
Fri 3/22	School Holiday	12:00pm-8:45pm
Mon 3/25	Spring Break	12:00pm-3:30pm
Tue 3/26	Spring Break	12:00pm-8:30pm
Wed 3/27	Spring Break	12:00pm-3:30pm
Thu 3/28	Spring Break	12:00pm-8:30pm
Fri 3/29	Spring Break	12:00pm-8:45pm
Fri 4/26	School Holiday	12:00pm-8:45pm
Mon 5/27	Memorial Day	11:00am-4:45pm

